CHCS ROUNDUP

A newsletter of College Heights Christian School



Volume XXVII, No 8 March 13, 2024

Trauma-Informed Resilience Building School

It may have been a long weekend break for our students this past weekend with our early dismissal and no school this past Friday, but that doesn't mean that our teachers and staff were on a break. In fact, it was quite the opposite for our team.

Our entire CHCS staff spent some quality time together Thursday afternoon and all day Friday learning. Ronda Ziakris, a Starr Commonwealth Certified Trainer, led our staff through this amazing professional development opportunity. Ronda (formally the Director of Education for the AB Conference) is a Manager in Consulting: Indigenous Services for MNP, she holds a Masters degree in Education Leadership/Administration. Her experiences, knowledge and expertise were masterfully shared with our staff over this two-day training.

From our bus driver, chaplain, support staff and teachers, right up to the administration of our school, we were all brought together with an incredible journey of learning that will

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School Board Meeting:

The next meeting will be on Monday, April 8, 2024 at 7:30 pm.



For I know that my redeemer lives, and at the last he will stand upon the earth.

106 19:25

Dateline:

Report Cards Issued

No School

Gr 4-6 Swim at Burman Pool

March

18

20

21

21

25-29	No School - Spring Break	
April		
1	No School - Easter Monday	
2	Classes Resume	
3	Grade 4 to Gull Lake Honey Farm	
5	ECS Open House, 11 am-12 pm	
12	No School	
18	CHCS Annual Constituency Meeting, 7 pm, gym	
21	CHCS Auction (playground fundraiser)	
	Doors open at 3:30 pm, supper at 4:30 pm	
22	Grades 4 & 5 to Painted Earth	
25	Grades 1 & 4 to Red Deer Museum	
April 29	- May 2 - Scholastic Book Fair	

Morning classes only, dismissal at 12:30 pm

Parent Teacher Conferences, 1:30 - 7:45 pm

significantly impact our school and each learner that attends CHCS. We learned the 10 steps to create a trauma-informed, resilience-focused school. Our training focused on resilience and had an emphasis on understanding how trauma impacts children and their school experience. It provided proactive strategies such as fostering connections, prioritizing social and emotional skills, establishing safety, and promoting play. Detailed information and concrete actions were covered in a way that didn't just answer the "why" but also the "how" to create the best classroom and school support for traumatized students.

It was a blessed time together, and we are grateful for the opportunity to learn. We are also grateful for the opportunity to connect with and teach every student that God has sent to our school.

We solicit your support and prayers as the ministry of teaching is such an important and difficult task. But by God's grace, coupled with the partnership of each parent and home, our mission to show children Jesus, to nurture their love for Him and others and to empower them to serve will be successful.

Principal Steven Gabrys









Happy Birthday!

we wish a Happy Birthday to the following students who are Celebrating their March birthday:

Sasha Bezukh, Matthew Bothma,
Seve Dangatan, Sindi Dzingirayi,
Nemuel Emen, Laura Filion,
Yeshka Hulme, Vira Kovtun,
Violet McNeill, Kohen Peers,
Misla Ritchey, Keone Sebetlela,
Lian van Rensburg,
Nicole Verenciuc, Brayden werner,
&
Ethan Willing

CHCS SPORTS PAGE



Spring is almost here! With spring comes new growth and opportunity. I cannot wait to get our PE classes back outside and involved in all that comes with spring athletics. Our basketball teams all played well this year and developed skills as individual players and as teammates. A huge shout out to our coaches as they did an amazing job. I can't thank them enough for their gift of time given towards the support of our sport programing. Badminton is just around the corner so get your court shoes and rackets ready. I look forward to a high level of participation in badminton.

Spring is a time for planting. There are many times in the Bible where our lives and specifically our characters are linked to sowing and reaping. I have heard it said before "sow a thought and you reap an action; sow an act and you reap a habit; sow a habit and you reap a character; sow a character and you reap a destiny." (Ralph Waldo Emerson)

This spring let us make sure that the things we are planting give us the harvest we desire. Sports are an excellent place to challenge and develop our characters. The power of the mind is important to realize. "As a man thinks, so is he" Proverbs 23:7. Think positively and about whatever is true and noble.

Health Challenge: Rest! The Bible talks about a rest that we may not yet have fully experienced. Find out what that means and endeavor to experience it.

Mr. McAfee



Parent Teacher

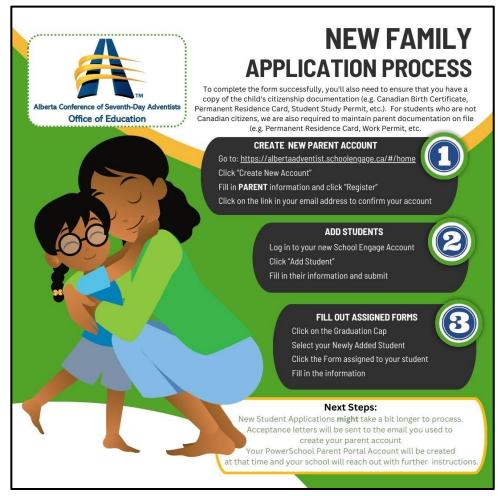
Interviews

Thursday, March 21

1:30 - 7:45 pm

- Morning classes only, <u>dismissal at</u>
 12:30 pm
- Watch your email, book interview appointments thru the parental scheduler link that will be emailed to parents shortly









Excellence in Education Awards 2024

Nominate your Adventist school principal or teacher

Deadline April 15

Nomination forms can be found at
education.adventist.ca
Resources - Awards, Scholarships & Internships
Excellence in Education
or you may call the
SDACC Office of Education at
905-433-0011







CHCS Playground Supper + Live/Silent Auction "TOGETHER WE CLIMB" FUNDRAISER

Join us for an evening of fun as we raise funds to replace our current playground



Sunday, April 21, 2024



Doors open at 3:30 p.m.
Supper at 4:30 p.m.



College Heights Christian School 5201 College Ave.



**Purchase by April 5: \$25 per ticket/Baked Potato Bar (\$15 Children 8 and under)

After April 5:
\$35 per ticket/Baked Potato Bar
(\$25 Children 8 and under)

"GET YOUR EARLY BIRD TICKETS BY APRIL 5



Tickets available for purchase March 4-April 15

For inquires and payment methods call 403-782-6212

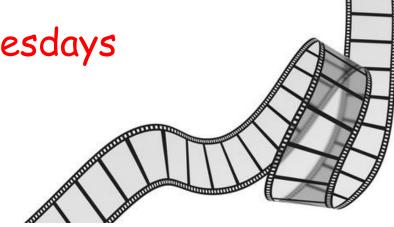


Every Wednesdays

11:30am

to

12:10pm



Outside the ECS classroom.



Chips \$1

Popcorn \$2





Baked Treats \$1 - \$2

Krispie Square \$0.50





🛂 💆 💆 Juice Boxes \$1

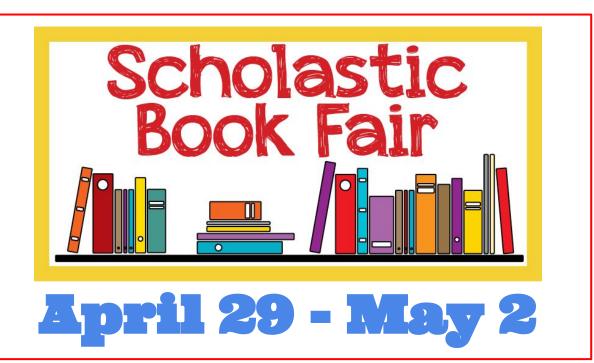
Sparkling Lemonade & Bubly \$2





📮 📮 Frozen Treats \$1 - \$1.50

Thank you for supporting the creation of our YEARBOOK!



No School Days

Thursday, March 21 (morning classes only, 12:30 pm dismissal, parent teacher conferences 1:30 - 7:45 pm)

Friday, March 22 March 25 - March 30 (spring break)

Monday, April 1 Friday, April 12

Friday, May 3 Friday, May 17 Monday, May 20



have a 4 day week, no classes on Friday.

ECS students

** Friday, June 7 - rescheduled from June 14

JOB OPPORTUNITY

School: College Heights Christian School

Job Title: Administrative Assistant

Deadline: Until filled (Looking to start employment June 1, 2024)

We are currently seeking a highly organized, friendly and professional Administrative Assistant to join our team. The ideal candidate will possess excellent receptionist skills, a warm demeanour, and the ability to provide efficient and effective support to students, parents, and staff members.

Refer to the description of key responsibilities and qualifications for this position on the Job Opportunities page of the CHCS website:

www.collegeheightschristianschool.ca

Please submit your resume and cover letter detailing your relevant experience and qualifications to steveng@chcs.cc

College Heights Christian School is a part of the Alberta Conference of the Seventh-day Adventist Church and welcomes applications from church members of the Seventh-day Adventist Church. We thank all applicants for their interest in this position; however, only those selected for an interview will be contacted.



COLLEGE HEIGHTS CHRISTIAN SCHOOL



Phone: 403-782-6212 Email: office@chcs.cc

Website: www.collegeheightschristianschool.ca





